



# ROSMINI COLLEGE



# EXTRA-CURRICULAR ACTIVITIES



# WHAT WE OFFER

Rosmini College has a wide range of sports, performing arts, groups and clubs for students to participate in. We are committed to providing as many opportunities for our students as possible.

Extra-curricular activities are an essential part of school life, helping students develop socially, emotionally, physically and academically.

Extracurricular activities offer numerous benefits:

- Enhance teamwork, leadership, and time management skills.
- Build friendships and connect with like-minded peers.
- Boost confidence and achieve personal goals.
- Potential for better academic performance.
- Enhance tertiary applications and prepare for future careers.

Participation in these activities enriches education by fostering skills, relationships, and personal development beyond the classroom.



# SPORT



Rosmini College provides quality sporting programmes. We offer over 20 sports for all abilities, from beginners to elite.

This includes: Archery, Athletics, Badminton, Basketball, Cricket, Distance Running, Football, Futsal, Golf, Hockey, Lacrosse, Orienteering, Rugby Union, Snow Sports, Surfing, Swimming, Table Tennis, Tennis, Touch, Triathlon, Volleyball, Water Polo

We have won titles in Basketball, Cricket, Football, Hockey and Rugby.



# SPORTS ACTIVITIES

Rosmini have a wide range of sports on offer, to cater for the elite through to the beginner. Many sports have competitive and social teams. Students attend trials, are placed in teams, or enter as individuals for the below Sports, to compete in North Harbour or Auckland Wide competitions – either a full season, or one day event/s.

## ARCHERY

TERM 1 (Y9-13)

Weekly League in Term 1.



## ATHLETICS

TERM 4 (Y7-8)

TERM 1+4 (Y9-13)

Teams to compete at the North Harbour & Auckland Champs, are chosen from the Rosmini Athletics Day. NZSS Champs in Dec.



## BADMINTON

TERM 2-3 (Y7-13)

Play in local North Harbour competitions.



## BASKETBALL

TERM 1-4 (Y7-8)

TERM 2-3 (Y9-13)

Premier team play Auckland wide; other teams play in local North Harbour comp-etitions. Largest sport at Rosmini - over 40 teams in 2024. Hold a number of NZ and Auckland Premier titles.



## CRICKET

TERM 1+4 (Y9-13)

Play Saturdays in Auckland wide competitions during Term 1 and Term 4. Y7-8 students play Club but have the opportunity to play one day events for Rosmini.



## DISTANCE RUNNING

TERM 2-3 (Y7-13)

We have Rosmini Cross Country Champs, with students chosen to compete at Auckland Champs. Also an Auckland Road Race Champs for students to compete in.



## FOOTBALL

TERM 2-3 (Y7-13)



## FUTSAL

TERM 1 (Y7-8)

TERM 4 (Y9-13)

Weekly competition in T4. Other one day events also.

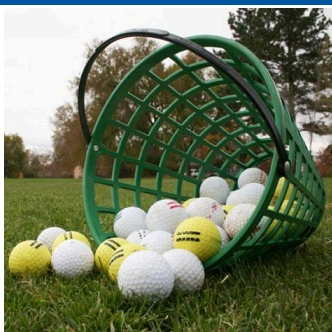


## GOLF

TERM 4 (Y9-10)

TERM 1-2 (Y7-13)

Teams competition, and one day Strokeplay Champs.



## HOCKEY

TERM 2-3 (Y7-13)





## LACROSSE

TERM 2-3 (Y9-13)



## ORIENTEERING

TERM 1+2 (Y9-13)

A number of one day events.



## RUGBY UNION

TERM 2-3 (Y9-13)

Rosmini has a strong Rugby tradition, holding a number of North Harbour titles. Y7-8 students play one day events for Rosmini.



## SNOW SPORTS

TERM 2 (Y7-13)

One day events.



## SURFING

TERM 4 (Y7-8)

TERM 1+3 (Y9-13)

Auckland & NZ Scholastics Champs



## SWIMMING

TERM 1 (Y7-13)

Y9-13 North Harbour One Day Event open entry, with Auckland Champs entry based on qualifying times. Y7-8 time trials for entry to Auckland Champs.



## TABLE TENNIS

TERM 2-3 (Y7-13)



## TENNIS

TERM 1+4 (Y9-13)



## TOUCH

TERM 1+4 (Y11-13)

TERM 4 (Y7-10)

Premier team play in Auckland Wide league; all others in local North Harbour competitions. Premier side attends NZ Champs in Dec.



## TRIATHLON

TERM 1+3 (Y9-13)

Y9-13 Triathlon Champs and Aquathon Champs both held in Term 1, with the Duathlon held in Term 2. Y7-8 only have a Triathlon event in Term 1. Open entry.



## VOLLEYBALL

TERM 1 (Y11-13)

TERM 3+4 (Y7-10)

Indoor and Beach Volleyball competitions and tournaments



## WATER POLO

TERM 1+4 (Y11-13)

TERM 1-4 (Y7-10)

Consistent performers at all levels in local leagues. Our Premier team play Auckland wide. A number of tournaments at all levels, with Seniors competing at North Is and NZ Champs.





# SCHOOL BASED PARTICIPATION SPORTS

The below Activities are Rosmini Clubs that do not compete in local competitions. These are participation Clubs held at school.

## ARCHERY CLUB

TERM 1+4

Monday & Tuesday  
afterschool. Open to all.



## BADMINTON CLUB

TERM 1-4

Wednesday afterschool.  
Open to all.



## HIGH PERFORMANCE

TERM 1-4

The High Performance  
Institute is for Y7-Y10.



## RUNNING CLUB

TERM 1-4 (Y7-13)

Tuesday and Thursday  
mornings, 7am; run around  
Lake Pupuke.



# WE SUPPORT



# EACH OTHER



# PERFORMING ARTS



The award-winning Drama and Music Department at Rosmini College provide a range of ensembles and groups for students to be involved in. This includes choirs for all levels and abilities, orchestra and jazz bands, rock bands who perform at school events, theatre sports, and the Rosmini Academy of Performing Arts (RAPA).

The school also provides group lessons available through the Itinerant Music Programme for the following musical instruments: Violin, Viola, Cello, Double Bass, French Horn, Trumpet, Trombone and Tuba, Flute, Clarinet, Oboe, Bassoon, Alto Saxophone and Tenor Saxophones, Voice / Vocal / Singing: classical, pop and contemporary, Guitar and Bass Guitar, Drums.

There are also options to take lessons privately for Piano, Drums, Guitar and Bass Guitar.



# PERFORMING ARTS ACTIVITIES

The Arts programmes at Rosmini College encourage and foster the creative mind. Students build on their performance skills in Music and Drama to create confident and expressive students. Boys are encouraged to learn an instrument and be involved in the many extra-curricular groups on offer. The ensembles have the opportunity to perform at festivals and competitions such as The Big Sing and the KBB Band and Orchestra Festival, as well as assemblies and other school performances. The boys in drama groups get involved in the mid-year RAPA production, and various other shows and performances throughout the year.

## JUNIOR CHOIR

TERM 1-4



## CHAMBER CHOIR

TERM 1-4



## CARMINI CHOIR

TERM 1-4

A joint Rosmini and Carmel Choir.



## ORCHESTRA

TERM 1-4



## JUNIOR JAZZ BAND

TERM 1-4



## JAZZ COMBO

TERM 1-4



## ROCK BANDS

TERM 1-4



## JUNIOR ENSEMBLE

TERM 1-4



## DRAMA CLUB

TERM 1-4

The Rosmini Drama Club - all Year Levels. We also do Theatre Sports.



## BIG BAND

TERM 1-4





# **INSTRUMENTAL & VOCAL TUITION**

In addition to music classes and co-curricular musical opportunities within the College, the Music Department provides instrumental and vocal tuition through the Itinerant Music Programme. Our tutors are leading musicians and expertly share their knowledge with our students who have a passion for music. Group lessons are available for the following instruments:

## **STRINGS**

TERM 1-4

Violin  
Viola  
Cello  
Double Bass



## **BRASS**

TERM 1-4

French Horn  
Trumpet  
Trombone  
Tuba



## **WOODWIND**

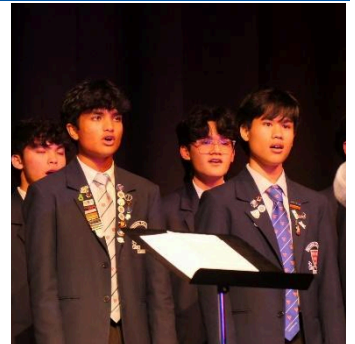
TERM 1-4

Flute  
Clarinet  
Oboe  
Bassoon  
Alto Saxophone  
Tenor Saxophone



## **VOCAL**

Voice / Vocal / Singing:  
Classical  
Pop  
Contemporary



## **DRUMS**

TERM 1-4

Drums



## **GUITAR**

TERM 1-4

Guitar  
Bass Guitar





# GROUPS & CLUBS



Along with Sports and Performing Arts programmes, Rosmini College also provides a number of other Groups and Clubs in which they can build friendships and skills.

Engaging in these activities is an excellent method to discover your school's social community and carve out your place among peers who share similar interests and ambitions.

Participating, taking charge, or initiating Clubs offers opportunities to build friendships, contribute positively, pursue passions, and extend your learning beyond regular school work.



# GROUPS & CLUB ACTIVITIES

Rosmini College offers a wide variety of groups and clubs for students to join.



## ART CLUB

## CHEF FOR COMPASSION

## CODING CLUB

## DUNGEONS & DRAGONS

## JUNIOR MATHS SCHOLARSHIP

## KAPA HAKA ROOPU

Māori cultural group

## LEGO CLUB

## PASIFIKA FONO

Pacific Island cultural group

## RAD CLUB

Recycling a Device

## SANZ

The South African-New Zealand Connection

## STUDENT VOLUNTEER ARMY (SVA)

Top volunteering school in New Zealand

## VIRTUAL MERIENDA

Gathering of the Filipino students and their friends

## YOUNG VINNIES

Youth Arm of the St Vincent De Paul Society

## AV CLUB

## CHESS CLUB

## DEBATING

## ENVIROGROUP

## JUNIOR VINNIES

Junior arm of Young Vinnies (see below)

## KOREAN CLUB

## ONE FOOT IN THE CLOUDS

Aviation Club

## PHYSICS ENHANCEMENT

Electronic & robotic projects

## RENEWAL IN THE ROOTS

Theology Group

## STUDENT LIBRARIANS

## TOTCUS

The Ocean That Connects US

## WOODWORK FOR HUMANS





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